



Presented by the Geelong Quality Council
supported
by the Geelong Manufacturing Council.



Being Resilient In This Unpredictable Economy

Café Style Interactive Workshop With Maree Harris, Ph.D.

Wednesday 28th June 2017

4:00 pm registration, 4:15 pm start – 6:15 pm Close

St Mary's Pioneer Room, First Floor, Parish Centre, 150 Yarra St, Geelong

The Workshop

Faced with exponential change, uncertainty and unpredictability every day in our work lives, one of the most important and valuable skills we can develop is resilience.

At our February meeting, we heard from the Transport Accident Commission about their organisational resilience plan which will see them able to respond well to whatever crisis or unexpected event hits their organisation, or challenges the work their organisation does.

This workshop is an appropriate follow-on from that where we discuss how you, as individuals, can develop resilience, that mental toughness that sees you able to bounce back from adversity and move forward in a constructive way towards achieving your goals and the success that goes with that.

Maree Harris will facilitate discussion around nine proactive responses you can make when faced with a personal crisis, unexpected event or a major challenge. They are not quick fixes, because becoming resilient is an on-going learning experience where you become increasingly competent and confident over time.

You will leave this workshop with strategies (and accompanying notes) that will equip you well to face whatever presents itself to you.

The Presenter

Maree Harris, Ph.D. is the Director of People Empowered, a leadership development company that specialises in helping people develop and enhance their soft skills, those non-technical skills that are now being seen, in these uncertain, changing and unpredictable times, as very important complementary skills to their hard technical skills.

The Agenda

4:00 pm	Registration.
4:15 pm	Workshop Start.
6:00 pm	General Discussions / Evaluation.
6:15 pm	Close

RSVP by Monday 26th June 2017

Places are limited to 24 and registration is essential.

Register on line: <https://www.trybooking.com/QLXK>

Cost: \$ 30 (including GST)

Further details from: Flavio Giurco (M: 0439 319 249) or Richard Hamilton (M: 0402 973 894)

LOCATION INFORMATION

